

Short Course in First Aid and CPR

HLTAID009 Provide Cardiopulmonary Resuscitation

HLTAID010 Provide Basic Emergency Life Support

HLTAID011 Provide First Aid

Course Overview

This course applies to all persons who may be required to provide a first aid response in a workplace or community setting. Participants will gain the skills and knowledge required to respond to first aid emergencies in accordance with Australian Resuscitation Council (ARC) guidelines and other national clinical standards.

Duration

This is a blended course with self-paced e-Learning and face-to-face training and assessment. Before attending for face-to-face, students will need to complete their e-Learning.

eLearning | 4 hours

Face to Face Assessment | 4 Hours

Course Location/s

Please refer to our website for locations.

Entry Requirements / Pre-requisites

There are no entry requirements or pre-requisites.

Course Dates

Course dates and times do vary. Please consult the course dates on our website.

Course Fees

Please refer to our website or contact us for more information.

Course Content

This course provides the skills and knowledge required to provide first aid response, life support and management of casualties until the arrival of medical or other assistance.

Topics Include:

- Assessing an emergency situation
- Airway and breathing management, including choking and drowning
- CPR techniques, defibrillation and AED safety and maintenance
- First aid management of the unconscious casualty
- Recognition and management of cardiac emergencies and stroke
- Medical conditions including asthma, anaphylaxis, diabetes and seizures
- Contents of First Aid kits
- Infection control and First Aid for minor wounds
- Control of major external bleeding and shock
- Hyperthermia and hypothermia
- Venomous bites and stings
- Poisoning and burns
- Eye and soft tissue injuries
- Dislocations and fracture management
- Head, neck and spinal injuries
- Incident reporting
- Debriefing and review of critical incidents

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Assessment Methods

Online theory assessments and face-to-face practical assessment.

Note: the provision of Adult and Child CPR must be demonstrated on the floor.

Course Materials

Training is supported through the provision of quality learning materials and resources.

Students undertaking this short course should wear comfortable, casual clothing. This course will include activities such as bending, kneeling and lying on the floor. Students will also require access to a computer or tablet with internet connection to complete the theory component of the course.

Enrolment

A learner's position on the course will only be confirmed upon a completed enrolment form and the payment of your course fee.

Numbers are limited, so confirmed enrolments will only be able to attend on the day of training.

Responsibility for Training

Vital Skills Training is responsible under the National Vocational Education and Training Regulator Act 2011 for the quality of the training and assessment being delivered

in this course and for the issuance of all AQF certificates. Please refer to the Student Handbook for further information on all student rights and obligations including complaints and appeals.

Recognition of Prior Learning and Credit Transfer

A learner is able to apply for Recognition of Prior Learning or Credit Transfer for courses at Vital Skills Training provided this is in line with the RPL and Credit Transfer Policies. Students cannot credit transfer an entire course.

Certification

A nationally recognised Statement of Attainment will be issued to all successful participants including the following units of competency:

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Learner Support

This course requires Language, literacy and numeracy (LLN) skills to interpret work instructions, complete online theory and record work outcomes. If you believe you do not possess the requisite LLN requirements for this course please refer to the Learner Support Services Policy or discuss your needs with our friendly team.

National Recognition

On successfully completing the training and assessment you will be issued a Statement of Attainment for the relevant units of competency.

These units of competence are nationally recognised and provide individuals with a valuable outcome that is recognised throughout Australia.

Work Placement

There is no requirement for work placement in this course.

Workshop Attendance

There is a compulsory face-to-face workshop component of this course. Students must attend a face-to-face assessment to be assessed in practical aspects of the course curriculum.